

CHAPTER NINE



USING THE POWERFUL FUTURE

*The distinction between the past, present and
future is only a stubbornly persistent illusion.*

Albert Einstein

LET THE FUTURE HEAL THE PRESENT

My friend, this series of techniques has the potential to transform lives more fully and rapidly than anything else I've yet discovered. As you read this section, first know that it is possible to do this, that many other people have learned to use these techniques, and that you can do the same. People who tell you it can't be done simply don't know how to do it, that's all. That having been said, our beliefs create our lives. If you believe "this can't be true," you will not achieve results. If you believe it is possible, you will be amazed.

When you began working with past lives in Chapter Seven, you had the experience of breaking through the veils and seeing that our existence is simply a long continuum through time. You discovered it's possible for you to get awareness of what happened in other bodies and

other times. You discovered that it's possible for you to heal those oldest wounds and patterns.

We also know that all time is really now. Einstein proved this, the genius that he was. Our concept of time is simply a way of keeping track of events in our heads so the totality of our experience doesn't overwhelm us at any moment. We think of the past as already having happened, and we think of the future as not having happened yet, but it's really all happening right now. All time really is now.

Therefore, there's no difference between accessing the past and accessing the future. We just go the other direction in the hallway of time; it's no big deal. Having already accessed the past, you'll easily move through the "future" door, too. It's the identical concept; you've already done this. This is true for accessing future events of the current life as well as for accessing the future in other bodies.

I suggest you try this out for yourself right now. Find a willing friend to practice with, someone who also has a wish to open the doors to the future. Either together or separately, go to the website at www.lightworkersmethod.com and absorb the transmission entitled *Future Lives and Space-Time Fabric*. Repeat it as many times as you wish until you feel ready to proceed. Then go back to Chapter Seven's exercise of How Do I Know You in a Past Life (page 188). Change the wording from "Past" to "Future" and begin. Apply a different intention—to reach the future rather than the past—and the identical process will get you to the future rather than to the past. All time truly is now. Truly, we can all do this. Don't take my word for it. Open your mind to consider it might be possible, move into believing it can be done and that you can do it, and then try it.

Focus on Healing Rather Than Information

Often when students start to work with the future, the first thing they want to do is find out how their current challenges will turn out. Sometimes the Guides will play this game, but not always. If it isn't in our best interests to

know what's coming up, we will not be shown the future, even if we ask. The Guides know what they are doing in this arena; you can trust that they will show only what is helpful. When I was learning this lesson, there was a challenge in my life that I really wanted to know the outcome of. I begged my Guides, "Just tell me how this is going to turn out, and I promise I'll do what I need to do, regardless. Just tell me."

Jade-Su cautioned, "It doesn't work that way."

"Yes, yes." I insisted. "I promise I will put in the same effort either way."

"You'll see," Jade-Su shrugged.

Then, to give me the chance to learn this lesson, Jade-Su told me the outcome of that particular challenge: it wasn't going to work out. Remember my promise? "I'll do what I need to do, regardless." Well, my friend. Bad news. I am a very disciplined person, well beyond the norm, and I did not have the self-control to do what I was supposed to do once I knew that it wasn't going to work out. I thought, "I'm not going to make myself sick over this; it's all a waste of Energy anyway." I couldn't give my full effort. As a result I made extra work for my Guides and extra pain for myself. They had to recreate another situation identical in vibrational quality, although different in detail, for me to get the lesson the first situation was designed to provide. I had to go through two painful life experiences rather than one. Lesson learned: when our Guides say, "Best not to know," we can give up the attitude of "I have to know how this is going to turn out before I can proceed," and trust it is true.

This having been said, many parts of our future are accessible to us. Many of us stall out in our lives because of fear. If this is your pattern, it can help you to see that your life *is* going to work out, that your challenges are solvable. That knowledge can keep you on track, keep you moving forward. Your Guides may Love the opportunity to soothe your soul, to show you it *will* be fine, that you *can* relax. Bottom line: sometimes it's helpful to know the future; sometimes it isn't. Since we don't know the big picture we can't be the ones to decide when it's

helpful to know the future or not. Our Guides know when it's helpful. Once we know how to access that information they will show us what we need to know, and no more.

Why the Future?

The real question is, "What good is it to access the future?" My friend, while looking into your healing subject's future can provide helpful assurance that everything truly will be fine, that provides 5% of the benefit. As in all aspects of the Lightworkers Healing Method, 95% of the benefit comes through actually changing the Energy.

For example, in working with past lives we go back in time to help that past life resolve and heal issues. That resolution and healing comes through time to heal our subject in her current life. As your subject releases her old baggage, she is free to move forward in life. The Energy has shifted. If you continue to work with this same subject over many different healing sessions, something remarkable occurs: the focus turns away from letting go of the past and toward accelerating into the future.

In our current lives, all of us are working on certain issues this very moment. We all have our list of growth topics, whatever they are. Since we are eternal beings on an eternal growth path, by definition at some point we will have mastered the challenges we're working on right now. We may not master them by next Tuesday, next year, or before we are fifty—but over our eternal growth process mastery will eventually occur.

In this chapter's technique, we present our client's current self to a future self of hers who has mastered what she is struggling with right now. We ask that more evolved future self to help the current self, to share his/her mastery with the current self. The wiser, more powerful future self is delighted to do that because as the future self helps the current self, it's also helping the future self. This is the flip side of the process in which we reach back into the past lives to help them heal, which therefore heals the current life. Consider that the current life is a past life to all future

incarnations. It's a win/win situation, a cycle of healing that benefits the current life as well as the future life.

If your head is spinning, remember Einstein's words: "*The distinction between the past, present and future is only a stubbornly persistent illusion.*" He was a genius; he was speaking the truth. All time truly is now. This is grounded in hard science. Einstein proved the fabric of space-time is flexible and can bend back on itself. If you are still shaking your head in disbelief, Google "fabric of space-time is flexible" and read to your heart's content. You don't have to believe me; you can believe Einstein and believe NASA. But, my friend, since belief creates your experience, now is the time to work with your beliefs on this topic. Please do whatever you need to do with regard to believing that all time is now before you read on.

(Pause; insert Jeopardy sound track. Exits on either side of the auditorium; watch your step. Until we meet again, walk in Light, live in Light, be Light.)

Take-Off Time

Wonderful. Glad to have you with us on this exciting adventure. Put your seatbelt on, my friend. The acceleration is beginning.

First and foremost, when you are actually using the Lightworkers Healing Method for yourself or for others, let the Guides lead you through this. You never have to decide how to go about this, because they will tell you step by step how to proceed. Nonetheless, when you know what's possible, you will "get it" faster. That's the benefit of this book: to know that these techniques are possible, to recognize the Guides' instructions, and to know how to apply their in-the-moment instructions.

Let's start gradually, by working with the future of the current life. If your subject is struggling with a particular issue now but will have mastered it before she re-emerges into the non-physical, her Guides might take you to the end of her life. If she will have mastered the lesson

in her older age, the vibration of mastery will exist in her Energy body in that future life stage.

There are two ways of bringing that vibration into the present moment from the future. In the do-it-yourself method of shifting the Energy, use your intention and your powerful Energy hands to connect with the vibration of mastery that she already has in the future, and pull that Energy into the present moment. Feel the changes occurring.

When the changes stabilize, shift techniques. Ask that future self to help the current self of your subject with her intentions; observe the changes occurring. Be the witness. This is the flip side of facilitating childhood healing in which you go back to childhood to heal traumas. The difference is that you are now promoting adult healing by using the power and wisdom of old age.

My friend, there are many different levels of lessons. Some of our life lessons are quick little segment-lessons. In these cases we might be struggling with a lesson right now at age 53, but by age 77 we'll have it handled. Other lessons take lifetimes worth of learning. In these cases, going to the end of this life is helpful, but it isn't enough to create a real breakthrough.

In those cases of long learning cycles, you will have to reach beyond the end of your subject's current life. Reach ahead to find a lifetime in which the point is mastered. Once the link to that life is open, the techniques are the same as reaching to the end of the current life and finding proficiency. Begin with connecting to the Energy of mastery and drawing it into the present moment with your powerful Energy hands. As that benefit stabilizes, ask the future life to help the current life with the intentions. Be the witness to the changes that result.

There will be cases where you can't find the mastery point at first: searching as far into your subject's future as you can reach, the issue is still in process. You might note improvement but not mastery, even four or more lifetimes into the future. This does not mean it is impossible to bring

the vibration of mastery into the present moment; it simply adds another step to the process.

Here's how to proceed. First make contact with your subject's most distant future lifetime you can find; I'll call him/her FL4 (Future Life #4). If FL4 has made progress but is still working with the issue, then—with permission—simply merge with FL4 just as you did with your healing subject. Now reach forward again from inside this newly merged Energy, as far as you can perceive from the vantage point of FL4. This gives you access to another four or more lives even farther into the future. If this person who is now perhaps eight lives ahead of your subject (Future Life #8) still doesn't have the issue mastered, just repeat the linking process. Merge into FL8, and move forward in time again to the point of mastery.

Link life to life to life, as many times as is necessary, to find the point in which the vibration of mastery exists. We are all eternal beings, so there is always a point in time in which the lesson is mastered. When you connect to that point, first use your powerful Energy hands to draw the vibration of mastery from the future into the present moment. This does not steal the vibration from the future, but rather overlays the vibration of the future into the present time much as a copy machine works. As that vibration stabilizes, ask that future life to help his/her past life who is your subject's current life. Invariably the future life turns around, comes back to the current lifetime, and helps her master her issues.

Once you have done all of this, as always it is appropriate to ask for the Angels and Lightbeings to make it not only right but actually perfect.

If you feel spacey and ungrounded right now, congratulations! Your Energy body has just expanded rapidly. Now stabilize the expansion so it benefits you immediately. Ground down fully and completely through the outer edges of your Pillar of Light, as if you were staking down a tent. As you ground the newly expanded edges of your Pillar of Light into place, your head should clear once more.

My friend, you may need to re-read this section many times over for it to sink in fully. That is normal. At this stage in the Level Three class, we have an extended question and answer period to allow everyone to wrap their heads around this process. Connect with something solid in your thinking. Remember Einstein; remember NASA. This is based in solid science, not freaky-fringe psychobabble. Take a break if you need to. Use the “Day’s End” processes from Chapter Four to re-establish your grounding and balance your Pillar of Light.

Read on when ready for my personal favorite growth technique. Because I Love this as a self-treatment process, it is worded that way—but don’t let that confuse you. This technique can be applied to your healing subjects for equal benefit. Share the gift when the Guides direct you to. No need to be stingy. There is unlimited Divine Flow; we can all have this powerful experience.

ULTIMATE FUTURE LIFE

As you know, we are all eternal beings. Our Energy continues on forever. But there is eventually a point, which could be 50,000 lifetimes from now, where we are truly complete with the growth process and we merge again into Universal Oneness. Therefore by definition there is going to be a last life. In or out of body, physical or non-physical dimension—there is an ultimate future life. I have never seen an ultimate future life who is still incarnating into the physical dimension; in my experience these ultimate future lives are all in the non-physical. It is possible there are exceptions to that rule. I don’t claim to have all the answers by a long shot. I know a tiny fraction of the knowledge that exists. However, if you are connected to a life that is still in the physical dimension I would suggest you look farther into the future. Keep going.

In this extraordinarily powerful growth accelerator, you chain-link through the future lives as you learned to do above, and contact that ultimate life. With that connection made you can then stand in front of

your ultimate future self, which is a Glorious experience. You are a fully enlightened being by the time you are living that ultimate life. Begin by noticing what that person feels like using your subtle senses. Drink it in: that magnificent being is YOU! That amazing Light-filled powerful Avatar of Grace is YOU! That embodiment of Love and wisdom is YOU!

When ready, begin to ask your ultimate future self for the help and gifts s/he has for you right now, today. By all definitions this is a fully enlightened being, and s/he has every reason to help you. S/he *is* you, so his/her willingness to help you is 100 percent. How Glorious!

At this point in the classes, invariably someone asks: “Why would we bother with any other techniques if we have this one? Why not simply connect to the ultimate future life where all our issues have been resolved and all our growth is complete, and draw that into the present moment?” This is a great question.

One hundred percent of what I’m presenting in this entire book only works if the Guides approve of the process. We are not the “deciders” in any of this work.

When my Teachers and Guides first showed me this technique, I thought this was the ultimate Energy-healing process. I went back to that well over and over again in my own self-healing treatments. Then one day, it didn’t work. My Guides had decided, “Cut her off. She’s had enough. Happy Hour is over.” Now I pace myself. Periodically I ask my Guides, “May I?” In those moments once again I am blessed beyond belief to receive gifts from that amazing being who truly is me, who is my ultimate self.

Try it for yourself, my friend. Go to our website at www.Lightworkersmethod.com and absorb the transmissions for Level Three and particularly the one entitled *Future Lives and Space-Time Fabric* as many times as you wish. Play the game of “How Do I Know You in a Future Life” by modifying the Chapter Seven past life exercise. Follow along with

the experiential exercise of working with future lives on the website. And then share the gift with others.

Remember the words of Rumi: “... *time is a husk. When the moment cracks open, ecstasy leaps out and devours space; Love goes mad with the blessings...Be kind to yourself, dear—to our innocent follies. Forget any sounds or touch you knew that did not help you dance. You will come to see that all evolves us.*”

My dear friend, if you are trying but have not yet mastered these techniques, have faith. I am simply describing a natural process. Work with your belief systems using the positively worded questions you learned about in Chapter Five. As your belief patterns shift, try again. Disbelief and giving up are the only things that will block your success.

Go online to receive the related transmissions as many times as needed. Find an LHM class series near you and participate. The day will come when all these doors and more will open for you. As you continue to explore working with your future through all of these techniques, you will hasten your evolution and bring dance back into your step. Your life path can be bright and smooth. The challenges that remain will be those that your soul has planned for your evolution. You can rise to meet the challenges. You can win at the Game of Life, and you can help everyone around you win, too.